



Make the most of your benefits

Employee Assistance Program from BHS and BHT



What's covered – highlights



Free and confidential counseling and financial/legal services through BHS for all Business Health Trust members and their families.



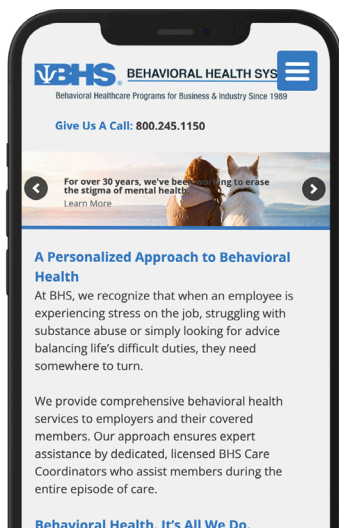
Receive community resources and get help from a mental health professional, support groups, an attorney, and/or a financial consultant.



In-person, telehealth, and digital guidance for stress, substance abuse, marital and family issues, and legal or financial problems.

Need help with personal, financial or legal issues?

All employees and dependents are eligible to receive up to four free visits/consults each year.



Important numbers to know

Get started with your Employee Assistance Program (EAP) and access wellness resources today!

- Call BHS at **888-720-5237** to be connected to your designated Care Coordinator.



Scan the QR code to login (Enter BHT in the EmployerID)